

DKH Legacy Trust National Conference

'Harnessing Your Talents' Programme

Day One: Wednesday 31st March 2010

| TIME | SESSION DETAIL | | |
|---------------|---|---|---|
| 9.30 – 10.30 | Registration for all Delegates | | |
| 10.30 – 11.30 | Welcome and Introduction: Supporting Sports Performers Post-Competition and Beyond <ul style="list-style-type: none"> • Why I Set Up the Trust and Celebrating Success - Dame Kelly Holmes, Chair of DKH Legacy Trust and Julie Whelan, CEO of DKH Legacy Trust • An HT Story - My Personal Experience of the Trust's Support: Sarah Winckless | | |
| | Workshops: Please select four of the following sessions in priority order on the Options Form <i>NB: Our intention will be to give you your top three workshops. We will be allocating places on a first come first served basis.</i> | | |
| | BUSINESS DEVELOPMENT | SPORT AND YOUTH DEVELOPMENT | PERSONAL DEVELOPMENT AND ATHLETE EMPLOYMENT |
| | <ul style="list-style-type: none"> • Networking Skills: How to Talk to and Influence People – John Palmer, Director of Corporate Communications and Public Relations at Sheffield Hallam University • Setting Up a Business for the First Time – Bev James, MD of The Coaching Academy | <ul style="list-style-type: none"> • Developing Learning Plans: How to Plan Sessions to Optimise Learning – Vicky Bailey, Director of Delphinus Sport and DKHLT Coach | <ul style="list-style-type: none"> • Personal Coaching Session: Help! I Don't Know What to Do? – Vicky Bailey, Director of Delphinus Sport and DKHLT Coach • Development Planning Session: Help! I Know What I Want to Do But Don't Know How to Get There? – Jeremy Lazarus, NLP Master Trainer |
| 11.45 – 1.15 | Workshop 1 | | |
| 1.15 – 2.00 | Lunch | | |
| 2.00 – 3.30 | Workshop 2 | | |
| 3.30 – 4.00 | Break | | |
| 4.00 – 5.30 | Workshop 3 | | |
| 5.30 – 6.30 | Athlete Training Slot / Team-Building Activities | | |
| 6.30 – 7.00 | Delegate Supper | | |
| 7.00 – 9.00 | Networking <ul style="list-style-type: none"> • Introducing the DKHLT Business Coaching Programme – Andy Graham, Senior Executive at BP and DKHLT Business Coach • Introducing the Performer Steering Group – Alan Rapley, Chair of Performer Steering Group • Followed by a finger buffet • Opportunity to meet with members of the Performer Steering Group and Business Coaches/Investors | | |

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Day Two: Thursday 1st April 2010

| TIME | | | | |
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| 9.00 – 9.30 | Registration for NGBs and Athletes | | | |
| 9.30 – 10.15 | Keynotes: <ul style="list-style-type: none"> • Services to Athletes - Bev Salt, Programme Director at British Olympic Association • London 2012 Young Leaders Programme - Julie Whelan, CEO of DKH Legacy Trust | | | |
| 10.15 – 12.15 | Workshops: Select two of the following three sessions in priority order on the Options Form <i>NB: Our intention will be to give you your first choice. We will be allocating places on a first come first served basis.</i> | | | |
| | BUSINESS DEVELOPMENT | SPORT AND YOUTH DEVELOPMENT | PERSONAL DEVELOPMENT AND ATHLETE EMPLOYMENT | NGB EVENT FOR INVITED NGBS AND SPORTS ORGANISATIONS |
| | Increasing Your Chances for Long Term Success Andy Graham, Senior Executive at BP and DKHLT Business Coach What makes a business sustain its progress, outperform and win in its chosen market place? This interactive session will explore and discuss the critical components of your business to ensure you have an integrated, overarching concept of how your business will achieve its objectives By the end of the session, you will be better prepared to look critically at your business and test the quality of your strategy. Saving time and resources, increasing team member engagement, winning customers and beating your competition | Team Building Activities with Young People/Performers John Parsons and Ronnie Heath, Managing Directors at Create Development and DKHLT Coaches A practical session within which you can share and develop a range of activities to use with young people to build trust and positive rapport Integrating learning from Sporting Champions and Get on Track projects | The Game Plan Steve Girdler, Director of London 2012 at Adecco and Pat Glennon, V.P. and Global Director at Adecco This workshop is designed to help you set a career direction for you to pursue. There are a number of simple exercises that are used to help you do some self reflection on who you are as an athlete, and transition what drives you on the field of play into the job market The workshop focuses on your interests, skills, characteristics and needs, and helps you set a career direction. In two hours we cannot help you find a job, but we can help you launch a plan and set a few goals | Supporting Talented Young Performers Emyr Roberts, Strategic Lead for Excel at Sport England and Tim Lawler, CEO of SportsAid This session will provide an overview of Sport England's investment in and support to NGB talent development activity; highlighting the key components required for a systematic approach to developing talent; and identifying the key priorities and challenges ahead for the key agencies involved. It will also cover the broader elements of athlete support including education; life skills; sports science support and understanding; parental and peer group support and financial assistance. It will provide an insight into how SportsAid connects with and supports young talented athletes seen as the next generation of elite sportspeople. |

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| 12.15 – 1.00 | <i>Lunch</i> | | |
| 1.00 – 2.30 | <p>Workshops: Select two of the following three sessions in priority order on the Options Form <i>NB: Our intention will be to give you your first choice. We will be allocating places on a first come first served basis.</i></p> | | |
| | SPORT AND YOUTH DEVELOPMENT | PERSONAL DEVELOPMENT AND ATHLETE EMPLOYMENT | NGB EVENT FOR INVITED NGBS AND SPORTS ORGANISATIONS |
| | <p>Introduction to Coaching Skills Bev James, Managing Director of The Coaching Academy</p> <p>This session will improve your coaching skills to use in a variety of contexts, not just the sporting arena</p> | <p>New DKH Legacy Trust Projects for Athlete Employment Julie Whelan, CEO of DKH Legacy Trust</p> <p>A session on upcoming 'Inspiring Lives' athlete opportunities with DKH Legacy Trust and partners including:</p> <ul style="list-style-type: none"> • Making Headway • Get on Track • London 2012 Young Leaders Project • Positive Futures – Notts CCC | <p>Supporting the Development of Decision Makers in Your Sport: Developing Good Governance Pauline Harrison, CCPR and Andrew Bulloss, Odgers Berndston</p> <p>Champion Voice – NGB placement and athlete matching session</p> |
| 2.30 – 3.00 | <p>Wrap Up, Thanks and Goodbye Dame Kelly Holmes and the DKHLT Team</p> | | |
| 3.00 | <p>Depart</p> | | |