

DKH Legacy Trust Annual TEAM DAY 2012 - Timetable

Time	DKH Legacy Trust Athletes	New Athletes	The Charity
9.30	Registration		
10.00	Team Briefing with Kelly Welcome to the DKH Legacy Trust Team Day		
10.30	Team Building for DKHLT Athletes	Team Intro for new athletes	
12.30	TIME OUT – LUNCH *Kit pick up for team members and team photo *		Dame Kelly will be out in the local Reading area
13.30	TECHNICAL SESSIONS Choose 1 session SESSION 1 – Moving from Selfish to Selfless SESSION 2 – Using your story to motivate others SESSION 3 – Supporting Young People		
15.00	TIMEOUT AND HALF TIME ORANGES		
15.30	TACTICAL SESSIONS Choose 1 session SESSION A – Getting what you are worth SESSION B – Improving your profile SESSION C – Starting your own Business SESSION D – National Citizen’s Service, Summer of Lifetime Briefing <i>(ONLY for those athletes already selected to work on this programme)</i>		
17.00	TIME OUT		
17.15 – 19.00	EMPLOYMENT FAIR - open to all DKH Legacy Trust Team Members		
17.15 – 18.15	CLINIC SESSIONS <i>If you wish to attend one or both of these please indicate on your booking sheet</i> CLINIC 1 – Self Employment & Tax CLINIC 2 – Interview Skills		Dame Kelly will be leading a Masterclass for our Charity Runners in the Reading Half Marathon who raise over £10k per year for the Charity!
18.15 – 19.00	INFORMATION SESSION - GET ON TRACK 2012 For DKH Legacy Trust Team Members who want to hear more about this exciting new national project and how to get involved.		
19.15	De-brief and FINAL WHISTLE!		
19.30	Dinner with Kelly – all athletes are invited by Kelly to join her and help her to promote the great work of our charity. <i>If you wish to attend please indicate on your booking sheet</i> (If you are able to join her we are able to offer you a discounted rate on overnight accommodation)		Dame Kelly will be hosting an informal dinner for our Charity Runners & Charity Partners who provide vital support to the Charity so we can benefit athletes and young people alike.